

## MOHS MICROGRAPHIC SURGERY

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### PRE-SURGERY CHECKLIST

- Be prepared to be with us in the office for **4 hours or more.**
- Bring reading material or something to help the time go by.
- Take all of your regular medications as directed. Do not stop taking any medication unless directed specifically by your doctor.
- Get a good night's sleep the night before your scheduled surgery, and eat a full breakfast prior to surgery (protein,carbs,water)
- Travel is not advised for 2-4 weeks after surgery date due to suture removal
- Wear comfortable clothes, preferably a button-up shirt (so that your shirt is easy to take off without going over your head/face or the affected surgical site)
- Please do not wear makeup or hairspray, perfumes, colognes or lotions
- Driver required- Please make sure to have a ride arranged for your visit due to possible medications given in office, or driving restrictions after surgery.
- Prepare with food needs, bandaging supplies prior to surgery date to avoid unnecessary trips to the store after surgery.

### AFTER SURGERY HOME CARE CHECKLIST

- Tylenol or Extra-strength Tylenol (unless allergic or with liver disease)
- Gentle soap or baby shampoo to clean wound, Aquaphor or vaseline for wound care
- Non-stick gauze and bandages various sizes
- If your wound is on the jaw, cheek, or lip please have soft foods available, such as soup, mashed potatoes, jello, cereal, etc. Meats should be cut into small pieces.

*\* Detailed wound care instructions will be provided on the day of the procedure.*

We encourage you to call our office at (619) 437-1146 or send a secure text to

(619) 473-4046 with any questions or concerns.

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